

Creative Methods for Working with Trauma

Presenters:

Prof. Mooli Lahad and Noga Goldring

A Conference for Professionals Supporting
Traumatized Children, Young People and Adults

Tuesday 12 and Wednesday 13 March 2019 at the

University of South Wales, Newport City Campus, Usk
Way, Newport, NP20 2BP



To register your interest in this event please email events@southwales.ac.uk

Tuesday 12th March:

Coping with Trauma - A Professional's Guide to Assessing Resiliency

**A workshop designed for practitioners and teachers from the education and well-being sectors
and Therapeutic Studies students and staff.**

All day workshop focusing on BASIC Ph integral model for coping and resiliency: the workshop will focus on assessing client's coping and resilience in order to be able to form a "safe" setting of acceptance and empathy and work with the client's strengths as a way to build rapport. The "map" that will be devised as a result of the Six parts Story method will help professionals to plan the intervention or to refer to therapy.

Wednesday 13th March

Morning workshop : Creative Supervision - Working with Trauma

for student therapists, qualified therapists and supervisors

Focusing on creative methods for exploring how to work with traumatized children, young people and adults: the workshop will focus on the use of creative methods to be used in moments of stuckness or impasse in the supervision using "right hemisphere processes" to get out of the loophole.

Afternoon schedule : splitting into two workshops:

PM (1) Introduction to see far CBT with Mooli Lahad

This workshop will introduce the concept of the imagination and playfulness as healing forces in the treatment of PTSD, demonstrating one aspect from the SEE FAR CBT protocol.

PM (2) Creative methods using drama and movement with Noga

This workshop will fill up your bag with ideas and methods to use drama techniques and movement as warmups and "set inductions" in therapy and education.

Please register your interest in this event by emailing events@southwales.ac.uk . Further information on costs for those who register interest will be emailed and updated during October 2018